THE BEST VEGETABLE PILL
BILE BEANS
for anyone Constipated, Liverish, or 'Off Colour'
Sold Everywhere.

Daily Express
PAGE 22. FRIDAY, MARCH 24, 1933.

Life on the Ocean Wave!
That's the life for you this summer. Spend your holiday on the sea. You will find a guide to the best cruises and tours on Page Twenty.

???? What Will Win To-day's Race ????

Here Are Four Of The Most Fancied Horses

Fortunes will depend upon the result of the Grand National—the world's greatest steeplechase—which is run at Aintree to-day. The first big handicap of the season, the Lincolnshire, provided what the racing fraternity call a "turn-up." Will the Grand National see the favourite first past the post? Four heavily backed candidates, with their last night's call-over prices, are pictured above. *(Inset in circle)* A jump typical of the formidable obstacles which they will be called upon to negotiate.

IN A LIGHT PORTABLE CANOE Fraulein Fridel Meyer and her passenger, an English girl, got into difficulties on the choppy waters of the Thames yesterday. They refused assistance from police boats and landed exhausted at the Temple steps *(below)*. They were practising for the German girl's attempt to paddle across the Channel in June.

"MY MOST BEAUTIFUL SITTER"—No. 11

Lady Louis Mountbatten has been chosen by Cannons, of Hollywood, as the most beautiful woman he has ever photographed, "because, besides her great beauty, she has poise."

SOVIET SHIP IN LONDON DOCK

In London Pool yesterday giant British cranes were unloading Russian produce for the English market, brought from Murmansk by the Soviet steamer Smolny.

A DESCENDANT of the "Iron Duke," Lady Anne Wellesley, leaving St. George's, Hanover-square, with the Hon. David Rhys after their marriage yesterday.

DICKENS TOKEN D. X. 5

ADVERTISER'S ANNOUNCEMENT.

SPRING-CLEAN where rubbing can't reach!

IN CORNERS of rooms—in folds of fabric upholstery—deep in the pile of carpets—"waterproofed" dirt is lurking .... atmospheric acids are discolouring. That is why you need a little Scrubb's Ammonia in all spring-cleaning water.

Ammonia has a scientific action in assisting hot water to dissolve grease ... and is a well-known antacid. Scrubb's is refined and blended for maximum strength, yet it is beneficial to the skin.

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cleans away the waterproofed dirt

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Pronounced See-foss REGD THE PHYSICIAN'S REMEDY
HASTENS RECOVERY
'Flu leaves you weak and susceptible to other ailments. The after effects of 'Flu are often more serious than the disease itself. This is the time you need Cephos to build powers of resistance—to restore lost energy and soothe frayed nerves. There is no better tonic after influenza. Cephos is the prescription of an eminent Harley St. Physician, invaluable for Headache, Neuralgia, Rheumatism and Lumbago.
It does not affect the heart
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FREE SAMPLE sent on receipt of p.c. to CEPHOS LTD., Dept IN, BLACKBURN.

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A Single quick-drying coat works the miracle! Keeps dazzling bright with only light dusting. Jet-Glaze can be applied quite successfully on top of blacking. The tremendous popularity of Jet-Glaze has encouraged imitations, but there is only ONE invention that abolishes half-leading—the original and only genuine Jet-Glaze. Made by British labour, owned by a British firm, awarded Diploma of Merit at the Inventions Exhibition
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When hearing sense suffers in children or adults deafness comes temporarily or permanently. Research has proved that *ear activity without strain* helps the hearing.
With nothing conspicuous to wear and nothing to take this new TONE - SENSE - RENEWING method gives remarkable results, whether you hear better in noise or quiet room—if you find difficulty with men or women's voices, piano or violin, wireless, telephone, talkies—whether deafness is stationary or progressive with headnoises—at home—at Church—at work—at play—you, too, can benefit.
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